



B.U.C.K.E.T

Before making your list, think about what a bucket list means to you and how you can set realistic goals that you'll actually accomplish. I define a bucket list by using the acronym B.U.C.K.E.T. below. Jot down notes for those that apply below.

Where can I find ideas for things to do, see or visit?

B BE ON THE LOOKOUT

What do I value? Spending time with family, getting involved in the community, exercise, adventure, travel, etc? Write down at least 3 for now.

U UNDERSTAND WHAT YOU VALUE

Base things around your current reality and lifestyle. Determine if you need to go far, stay close by or do something at home.

C CUSTOMIZE IT TO YOUR SITUATION

How can I make planning or carrying out my bucket list item simple?

K KEEP IT SIMPLE

Your list is fluid. You can add items and even delete others as you go. Jot down a random bucket list idea that you think of today.

E EVER-EVOLVING

Where will I store this so I will find it when I need it?

T TAKE TIME TO STORE INFORMATION

To listen to a full explanation of the B.U.C.K.E.T acronym, **click here.**

<https://karencordaway.com/bucket>

Contact: Karen at info@KarenCordaway.com

Click here to get The Everyday Bucket List Book today!

Follow me on Twitter @KarenCordaway

© 2019 KarenCordaway.com