

As a busy working parent, Karen Cordaway spent years struggling to find free time for herself. That is until she figured out how to reclaim her schedule and infuse more exciting bucket list experiences into everyday life.

With a little planning, a bit of strategy, and a dash of creativity, she turned her bucket list dreams into reality! The Everyday Bucket List Book: 10 Steps to Bringing More Exciting Experiences to Everyday Life is her signature, step-by-step process to help others, just like you, do the same.

Karen has written about shopping tips, cost-cutting, smart spending and other money-related topics for Clark Howard, Huffington Post and nationally syndicated articles for U.S. News. She now combines her money know-how with bucket list topics.

Her insight has been shared all over the internet in Money Magazine, Yahoo Finance, Market Watch, The Consumerist, Rockstar Finance, and even O Magazine. She now inspires everyday people to fulfill their bucket list dreams both big and small.

She has also appeared on the Dr. Oz Show, Good Call, Credit Karma and more.

Shared insight in:



Zig Ziglar once said, "If you aim at nothing,
you'll hit it every time."

Though this quote can apply to many aspects of life, it definitely applies to creating and carrying out a bucket list. If you haven't taken the time to come up with ideas, how do you expect to make them happen?

Or, maybe you stumble upon an idea that you would like to do, but then completely forget about it the next day. I created this Bucket List Challenge to help you start brainstorming and identifying and recording what you want to do both big and small.

It's also meant to motivate and inspire you to live a fuller, happier life with the resources you currently have and help you infuse more exciting experiences into everyday life.

Congratulations on being an action taker and signing up for the challenge!

Contact: Karen at info@KarenCordaway.com

Follow me on Twitter @KarenCordaway

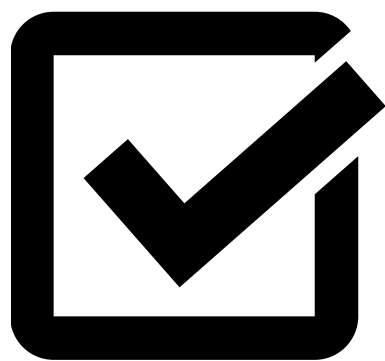
© 2019 KarenCordaway.com



-Ten Tips for Better Bucket Listing



-Bucket List Worksheet



-Resources



-Notes for each day



1 - SOUL SEARCH -Think about what interests you.

2 - WRITE IT DOWN - Fill in the blank.

I want to see/do more _____.

3 - SCALE BACK - You might have to cut back on less important activities to make the more important ones happen. Fill in the blank.

I can scale back on _____.

4 - CAPTURE IDEAS IN ONE SPOT - Take time to capture ideas that have been floating around in your head. You can also add ideas as they come to you.

5 - SET SHORT TERM AND LONG TERM GOALS - Some ideas you'll be able to do right away while you may have to wait for others.

6 - TAKE ACTION RIGHT AWAY - Research, start planning and put some dates on the calendar.

7 - FOLLOW THROUGH TO COMPLETION - It's easy to get excited, go on the internet and then you get sidetracked. Be sure to carry out the plan you set.

8 - SET ASIDE MONEY - Bucket list items can be low-cost or even free. Other items might be more costly. Think about creating a separate savings account for your bucket list adventures.

9 - SET ASIDE TIME - Make time to plan. Also, make time to carry out the items on your list.

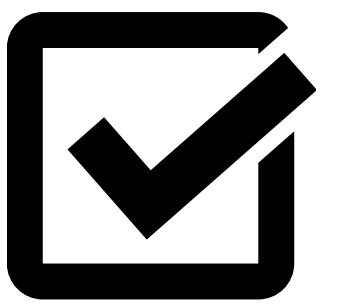
10 - GET EXCITED - No one will be more pumped and inspired about your list than you.





Brainstorm all of your ideas both big and small below.

[illegible]



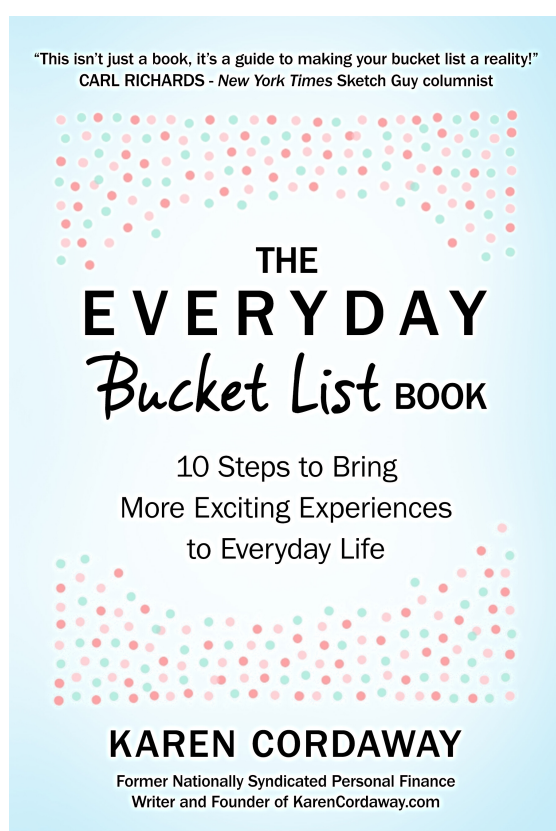
Here are some tools you can use to put some of your bucket list ideas into motion.



It's easy to have the best intentions to set aside money for a bucket list item only to accidentally spend it. Think about opening up a separate checking account or saving account to save up for your bucket list adventures.

Capital One is an online bank that I personally use. It is easy to set up and you and I can earn bonus money when you initially deposit \$250.

CLICK HERE >> TO LEARN MORE
<https://capital.one/2YvhLdE>



The Everyday Bucket List Book (by me)

Maybe you have an idea of what you want to do, or perhaps, you've written a bucket list, but just can't seem to do it. This book holds your hand a bit and can help you connect the dots and make things happen.

I created a step-by-step process that you can read in roughly two hours that debuted as number 6 on Amazon. Take a look at the book here. <https://www.amazon.com/Everyday-Bucket-List-Book-Experiences/dp/0578507439/>



Twitter

If you want to stay connected via social media, follow me on Twitter.

CLICK THIS LINK TO FOLLOW HERE. >>
[HTTPS://TWITTER.COM/KARENCORDAWAY](https://twitter.com/karencordaway)



Use this sheet to take notes on each step.

Day 1

Day 2

Day 3

Day 4

Day 5

